



GATEWAY
CITY CHURCH

**UNSHAKEABLE CONFIDENCE Part Five:
“I’m Here to Get My Confidence Back!”**

Read Philippians 4:1-13

THE CRISIS OF CONFIDENCE

“I’m not sure I can _____.”

“For THE LORD WILL BE YOUR CONFIDENCE and will keep your foot from being caught.” PROVERBS 3:26 ESV

“Therefore, DO NOT THROW AWAY YOUR CONFIDENCE, which has a great reward. For you have need of endurance, so that when you have done the will of God, you may receive what was promised.”

HEBREWS 10:35-36 NASB

God has said, “Never will I leave you; never will I forsake you.” So WE SAY WITH CONFIDENCE, “The Lord is my helper; I will not be afraid.”

HEBREWS 13:5-6 NIV

“...BEING CONFIDENT of this very thing, that He who has begun a good work in you will complete it...” PHILIPPIANS 1:6 NKJV

THREE STEPS TO RESTORED CONFIDENCE

If you’ve lost your confidence, climb the ladder of faith
and _____ it.

First Step: Be _____

“Always be full of joy in the Lord. I say it again—rejoice!”

PHILIPPIANS 4:5A NLT

_____ is the wellspring Unshakeable Confidence.
CONFIDENCE (*Cont'd*)

“Let your gentle spirit [your graciousness, unselfishness, mercy, tolerance, and patience] be known to all people. The Lord is near.” PHILIPPIANS 4:5B AMP

Let go of your _____,
and keep holding onto your joy.

Second Step: Be _____

“Do not be anxious about anything, but IN EVERY SITUATION, BY PRAYER AND PETITION, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.” PHILIPPIANS 4:6-7 NLT

“Righteousness will bring peace. Yes, it will bring quietness and CONFIDENCE FOREVER.” ISAIAH 32:17 NIV

Unshakeable confidence comes when we
_____.

Third Step: Be _____

“And now, dear brothers and sisters, one final thing. FIX YOUR THOUGHTS on what is true, and honorable, and right, and pure, and lovely, and admirable. THINK about things that are excellent and worthy of praise.” PHILIPPIANS 4:8 NLT

Our thoughts are _____.

FATHER GOD, *Thank you for saving me and completing your work in my life. I place my confidence in you alone. You are able to keep me safe and secure no matter what crisis or challenge I face. I boldly confess that I can do everything through Christ, who gives me strength! And I praise you in Jesus' Name, AMEN*

UNSHAKEABLE CONFIDENCE Part Five: "I'm Here to Get My Confidence Back!"

Life Group Discussion Questions

This past Sunday we learned that we can have confidence on the inside. In this discussion, we'll look at how finding safety in God and cultivating contentment can help strengthen our inner confidence. *Read **Philippians 4:1-13** and **Psalm 91** to prepare for your Life Group.*

MY STORY - What does it mean to you to be "confident on the inside"? Can you think of a time in your life when you discovered an inner strength within you that you didn't know you had?

DIGGING DEEPER

Finding Safety in God - In the sermon we learned that the Psalmist was confident on the inside because he knew he was safe in God. Let's take another look at Psalm 91 to see what we can learn about confidence for ourselves.

Psalm 91:1-2, 14-16 NCV: *Those who go to God Most High for safety will be protected by the Almighty. I will say to the Lord, "You are my place of safety and protection. You are my God and I trust you."...The Lord says, "Whoever loves me, I will save. I will protect those who know me. They will call to me, and I will answer them. I will be with them in trouble; I will rescue them and honor them. I will give them a long, full life, and they will see how I can save."*

- What actions did the psalmist take that led to his sense of safety?
- Which of the promises listed here is most meaningful to you?

Cultivating Contentment - Read **Philippians 4:1-13**

Cultivating contentment can also help us grow in inner confidence. Even though Paul had challenges in his life, he was able to declare with confidence, *"I have learned the secret of being content in any and every situation."* Let's look at some of the instructions Paul gave the Philippians leading up to his declaration of contentment.

1. Settle Differences (Philippians 4:2-3). One way to build contentment is to

settle differences or disagreements quickly. These verses talk about two people who were struggling to get along. Paul asks these two directly to settle their differences, and, in verse 3, he asks the members of the community to help them.

- In your opinion, how might disagreement steal your contentment?
- How can you offer help when two people are in conflict in your community?

2. Turn Worry into Prayer (Philippians 4:6-7). Another thing that tries to steal our contentment is worry, but Paul offers us a solution—to turn our worries into prayer, specifically emphasizing that we should pray “with thanksgiving.”

- How does choosing to be thankful help with worry?
- Have you ever experienced the “peace of God, which surpasses all understanding” (verse 7)? How was it related to prayer?

3. Direct Your Thoughts (Philippians 4:8). The National Science Foundation says that the average person thinks between 12,000-60,000 thoughts per day, of which 80% are negative. In this verse, Paul challenges us to be intentional and positive with our thoughts.

- In your experience, how do your thoughts affect your contentment?
- How can you put Paul’s instructions into practice?

PRAYER

1. **Pray for Each Other** - Spend time praying one for another, asking God to help you grow in contentment and confidence.
2. **Prayer of Three** - Pray for three individuals you know who don’t know Christ. Pray that as they “call to [God, he] will answer them,” save them, and give them assurance of salvation (Psalm 91:15).

MOVING FORWARD

1. Meditate on **Psalm 91** throughout your week. Ask the Lord to reveal how He is protecting you, and rest in His provision.
2. Read **Philippians 4:8** again. Make a list of specific blessings in your life that you can think about and be thankful for.
3. Read **John 15:1-11** and **Romans 8:28-39**. Meditate on the benefits of

being connected with Christ.