



UGLY GIANTS, HAPPY WARRIORS

Part Two: "Pounding the Pressure Giant"

Pastor David Cannistraci | June 15, 2014

Reading: 2 Samuel 21:15-22:2

The enemy wants to _____ us with stress and exhaustion.

The Lord will _____ us as we follow Him!

THE BATTLE: PEACE vs. PRESSURE

- *The enemy attacks with _____.*

*"As pressure and stress bear down on me, I find joy in your commands."
Psalm 119:143 (NLT)*

Acts 16 - The slave girl who was set free from a "spirit of Python."
(See www.truthcasting.com/player.aspx#showSermon=28481).

- *We overcome through Christ's _____.*

*"Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and...learn the unforced rhythms of grace..."
Matthew 11:28-29 (MSG)*

Peace is having a _____ heart
despite unsettling circumstances.

"You will keep in perfect peace him whose mind is steadfast, because he trusts in you." Isaiah 26:3 (NKJV)

HOW TO POUND THE PRESSURE GIANT

1. _____ *with the Word and prayer.*

(Continued on reverse)

"Don't worry about anything; instead, pray about everything; tell God your needs, and don't forget to thank him for his answers. If you do this, you will experience God's peace, which is far more wonderful than the human mind can understand. His peace will keep your thoughts and your hearts quiet and at rest as you trust in Christ Jesus." Phil. 4:6-7 (TLB)

2. _____ **God-designed limitations.**

"The seed cast in the weeds represents the ones who hear the kingdom news but are overwhelmed with worries about all the things they have to do and all the things they want to get. The stress strangles what they heard, and nothing comes of it..." Matthew 4:18-19 (MSG)

3. _____ **with believers who love you.**

"[Letting others help you] is the way God wants it done. You won't be under nearly as much stress..." Exodus 18:23 (CEV)

4. _____ **the giants of pressure.**

"Behold, I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you." Luke 10:19 (NKJV)

FATHER GOD, Thank you for the freedom that comes through faith in Christ. I confess that I've often been stressed and weary. But by faith, I receive the grace to live in perfect peace and rest. I confess that Jesus is Lord, and I am a victorious, Happy Warrior! In His Name, AMEN

THIS WEEK IN SMALL GROUPS

Icebreaker: Briefly share a pressure you've been dealing with lately.

Scripture: Let different members share a verse from this teaching that impacted them personally. What does it mean for them?

Talk It Over: What can we change this week to overcome pressure?

Prayer: Pray for the peace of Christ to fill each group member this week.