



**SOUL DETOX SERIES**

**Part Three: "The Tortured Soul"**

Pastor David Cannistraci | February 16, 2014

**We are NOT a body with a soul. We ARE a**

\_\_\_\_\_ **with a** \_\_\_\_\_.

*"Dear friends...keep away from worldly desires that wage war against your very souls." 1 Peter 2:11 (NLT)*

**WHAT TORTURES OUR SOULS?**

- **Tortured by the things we've** \_\_\_\_\_.

*"...My health is broken because of my sins. My guilt overwhelms me it is a burden too heavy to bear." Psalm 38:3-4 (NET)*

**Sin opens a door in our** \_\_\_\_\_,  
**granting** \_\_\_\_\_ **to shame.**

*"Delilah put Samson to sleep on her lap. She called for a man to shave off his seven braids. Then she began to torture him because his strength had left him." Judges 16:19 (GWT)*

- **Tortured by the** \_\_\_\_\_ **we've believed.**

*"...There is no truth in [the devil]. When he lies, he speaks his native language, for he is a liar and the father of lies." John 8:44-45 (NIV)*

**Don't contaminate your soul by**

\_\_\_\_\_ **to** \_\_\_\_\_.

- **Tortured by the** \_\_\_\_\_ **we've** \_\_\_\_\_.

*"And his master was angry, and delivered him to the torturers until he should pay all that was due to him. So My heavenly Father also will do to you if each of you, from his heart, does not forgive his brother his trespasses."*

Matthew 18:34-35 (NKJV)

**Tortured (Cont'd)**

**FREEDOM FOR THE TORTURED SOUL**

\_\_\_\_\_ **cleanses the soul**  
**and** \_\_\_\_\_ **the door to the Enemy.**

*"People who conceal their sins will not prosper, but if they confess and turn from them, they receive mercy." Proverbs 28:13 (NLT)*

1. **We confess to** \_\_\_\_\_ **for** \_\_\_\_\_ **of sins.**

*"If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness." 1 John 1:9 (NKJV)*

2. **We confess to** \_\_\_\_\_ **for** \_\_\_\_\_ **from sins.**

*"Confess your sins to each other and pray for each other so that you may be healed." James 5:16 (NLT)*

*"Christ carried our sins in his body on the cross so we would stop living for sin and start living for what is right. And you are healed because of his wounds. You were like sheep that wandered away, but now you have come back to the Shepherd and Overseer of your souls." 1 Peter 2:24-25 (NCV)*

FATHER GOD, Thank you for loving me and offering me true life. Lately I've been feeling so tortured inside. But today I confess all of my sins to you. I confess that Jesus is my Lord and Savior. Thank God - my soul is clean and the door is closed to the Enemy! In Christ's Name, AMEN

**THIS WEEK IN SMALL GROUPS**

**Icebreaker:** Talk briefly about your best and worst friends as a child.

**Scripture:** Let different members share a verse from this teaching that impacted them personally. What does it mean for them?

**Talk It Over:** How can we safely practice confession with one another?

**Prayer:** Pray for each one to be free from shame through Christ.