



FAST FORWARD SERIES

Part Two: "New Wineskins for New Wine"
Pastor David Cannistraci | November 30, 2014

We need a new revelation of fasting
that is rooted in _____.

One day the disciples of John the Baptist came to Jesus and asked him, "Why don't your disciples fast like we do and the Pharisees do?" Jesus replied, "Do wedding guests mourn while celebrating with the groom? Of course not. But someday the groom will be taken away from them, and then they will fast... No one puts new wine into old wineskins. For the old skins would burst from the pressure... New wine is stored in new wineskins so that both are preserved." Matthew 9:14-17 (NLT)

OUT WITH THE OLD, IN WITH THE NEW

What is fasting? Fasting is intentionally setting some or all food aside for a period of time in order to focus on God more deeply.

The purpose of fasting has _____
under the New Testament.

Fasting _____ what is
ALREADY OURS through Christ.

THREE BLESSINGS OF NEW TESTAMENT FASTING

1. Greater Spiritual _____

"For 40 days, the Spirit led Him from place to place in the desert, and while there, the devil tempted Jesus. Jesus was fasting, eating nothing during this time, and at the end, He was terribly hungry... Jesus returned to Galilee in the power of the Holy Spirit..." Luke 4:2-3, 14 (TVT)

There are some blessings that only come to those
who _____ and _____.

New Wineskins (Cont'd)

2. Deeper Spiritual _____

"Is this not the fast that I have chosen: To loose the bonds of wickedness, to undo the heavy burdens, to let the oppressed go free, and that you break every yoke?" Isaiah 58:6 (NKJV)

Fasting is like "spring cleaning" for your _____.

3. Increased Spiritual _____

In the church at Antioch there were prophets and teachers... They were all worshiping the Lord and fasting for a certain time. During this time the Holy Spirit said to them, "Set apart for me Barnabas and Saul to do a special work for which I have chosen them." Acts 13:1-2 (NCV)

Greater _____ to the Holy Spirit
may be fasting's greatest treasure.

FATHER GOD, Thank you for the finished work of Christ on the cross. I'm so grateful that I can be cleansed and free through Him. Jesus, I open my heart to every blessing you have for me. Fill me with your new wine and preserve my relationship with you. In Christ's Name, AMEN


THIS WEEK IN SMALL GROUPS

Icebreaker: What are some blessings for us to believe for in 2015?

Scripture: Let different members share a verse from this teaching that impacted them personally. What does it mean for them?

Talk It Over: What are some other ways to grow in spiritual power?

Prayer: Pray for greater level of God's power in each person's life.

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